

Center Hours : Monday- Friday 8:30 AM- 4:00 PM

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| Daily Activities Include: Billiards and Dominos | | | | |
| Tai Chi Exercise Class 9:00 AM-10:00 AM Every Other Monday Weeks 1 & 3 Art Rm | **Exercise and Nutrition 8:30 AM-10:15 AM MDCPS- HML Adult Ed Art Rm Instructor- Maria | LHANC- Exercise 9:00 AM -10:00AM LUNCH ROOM | **Exercise and Nutrition 8:30 AM-10:15 AM MDCPS- HML Adult Ed Art Rm Instructor- Maria | Karaoke 9:00 AM-10:45 AM Volunteers- Marta & Alavro ESOL/Citizenship Rm |
| Self Defence Classes 9:00AM-10:00 AM Every Other Monday Weeks 2 & 4 Art Rm | | | | LHANC- Exercise 9:00 AM -10:00AM LUNCH ROOM |
| ** ESOL Class 9:30 AM -12:00 PM MDCPS- HHS Adult Ed ESOL/Citizenship Rm Instructors Barbara & Gloria | ** ESOL Class 9:30 AM -12:00 PM MDCPS- HHS Adult Ed ESOL/Citizenship Rm Instructors Barbara & Gloria | ** ESOL Class 9:30 AM -12:00 PM MDCPS- HHS Adult Ed ESOL/Citizenship Rm Instructors Barbara & Gloria | ** ESOL Class 9:30 AM -12:00 PM MDCPS- HHS Adult Ed ESOL/Citizenship Rm Instructors Barbara & Gloria | Plastic Canvas 9:30 AM-11:00 AM Instructor Blanca - Crochet Rm |
| ***Macramé - Jewelry (Intro-Beginners) 9:00 AM-10:30 AM Instructor Ana - Craft Rm | Metal Embossing 9:00 AM-10:30 AM Instructor Ana - Craft Rm | ***Polyclay Jewelry 9:00 AM-10:30 AM Instructor Ana - Craft Rm | Metal Embossing 9:00 AM-10:30 AM Instructor Ana - Craft Rm | ***Polyclay Jewelry 9:00 AM-10:30 AM Instructor Ana - Craft Rm |
| Plastic Canvas 9:30 AM-11:00 AM Instructor Blanca - Crochet Rm | Crochet 9:00 AM-11:00 AM Volunteer - Martha Crochet RM | Amigurumi class 9:00 AM-11:00 AM Volunteer - Carmen Crochet RM | Crochet 9:00 AM-11:00 AM Volunteer - Martha Crochet RM | *Acrylic & Oil Painting Advanced Students-Group B 10:00 AM-12:00 PM Instructor Ingrid- Art Rm |
| LHANC- Exercise 10:00 AM-11:00 AM Lunch Rm | **Sewing Class 9:00 AM-11:00 AM MDCPS- HML Adult Ed Sewing Rm Instructor -Digna | **Sewing Class 9:00 AM-11:00 AM MDCPS- HML Adult Ed Sewing Rm Instructor -Digna | **Sewing Class 9:00 AM-11:00 AM MDCPS- HML Adult Ed Sewing Rm Instructor -Digna | Literacy Club 11:00 AM- 2:30 PM Hialeah Library- Instructor Francisca-ESOL Rm |
| Beading Jewelry 11:30 AM- 1:30 PM Instructor Blanca- Crochet Rm | | Wood Burning 10:00 AM-12:00 PM Volunteer - Fanny-Art RM | | Seasonal Jewelry 11:30 AM- 1:30 PM Instructor Blanca- Crochet Rm |
| Lunch Served 11:00 AM-12:30 PM Lunch Program is provided by Little Havana Activity and Nutrition Program (LHANP). For more information please contact 305-558-1089 | | | | |
| | Open Jewelry 1:00 PM - 2:00 PM Instructor Ana -Craft Rm | Open Jewelry 1:00 PM - 2:00 PM Instructor Ana -Craft Rm | Open Jewelry 1:00 PM - 2:00 PM Instructor Ana -Craft Rm | Open Jewelry 1:00 PM - 2:00 PM Instructor Ana - Craft Rm |
| **Citizenship Class 12:00 PM-2:30 PM MDCPS - HHS Adult Ed ESOL/Citizenship Rm Instructor Barbara | **Citizenship Class 12:00 PM-2:30 PM MDCPS - HHS Adult Ed ESOL/Citizenship Rm Instructor Barbara | **Citizenship Class 12:00 PM-2:30 PM MDCPS - HHS Adult Ed ESOL/Citizenship Rm Instructor Barbara | **Citizenship Class 12:00 PM-2:30 PM MDCPS - HHS Adult Ed ESOL/Citizenship Rm Instructor Barbara | Open Beading Jewelry 1:30 PM-2:30 PM Instructor Blanca- Crochet RM |
| Open Beading Jewelry 1:30 PM-2:30 PM Instructor Blanca- Crochet RM | *Acrylic & Oil Painting Advanced Students-Group A 1:30 PM-3:30 PM Instructor Ingrid- Arts Rm | *Collage Art Advanced Students-Group A 1:30 PM-3:30 PM Instructor Ingrid- Arts Rm | *Acrylic & Oil Painting Hybrid (In Person or Zoom) Beginner Class 1:30 PM-3:30PM Instructor Ingrid- Arts Rm | *Collage Art Advanced Students-Group B 1:30 PM-3:30 PM Instructor Ingrid- Arts Rm |
| HYBRID Drawing Class (In Person or ZOOM) 1:30 PM-3:30 PM Instructor Ingrid -Art Rm | | | | |

* Art Classes have a fee of \$12 for 8 classes. Must Bring your own painting supplies.

** Classes Offered by MDCPS Adult Ed. For more information call HHS 305-822-1500 or HML 305-823-1330 after 3:00 pm

*** Supplies can be purchased for this class at a low cost